**Summary of *Road to Joy* program:**

Key Bible verses:

Philippians 4:4 Rejoice in the Lord always, I will say it again, rejoice!

Psalm 25: 4 Show me the right path oh Lord; point to the road for me to follow.

Psalm 118:24 This is the day the Lord has made; We will rejoice and be glad in it.

The program includes Biblical teaching, music, poetry, skits, practical application, and a hands-on exercise aimed at helping us stay on God's road to joy. It addresses the following questions:

* What is joy? (Biblical definition vs world's perception)
* What takes you off of God's road to joy (steals your joy)?
* How do you get back onto God's road to joy and stay there?
* As you travel on God’s road to joy, how can you reach out to others along the way?

The program can be taught in 1, 2 or 3 sessions, with each one running from 45 minutes to an hour. Key points are made within all programs, but multiple sessions allow us to explore the topic in greater detail.